

# THE NATURAL WELLBEING CENTRE

*of Romsey*



[info@naturalwellbeingcentre.co.uk](mailto:info@naturalwellbeingcentre.co.uk)  
call or text: 07880574466

28 Winchester Road, Romsey, Hampshire SO51 8AA

## Price list for all treatments @ September 2021

For full details on all the treatments please refer to our website, [www.naturalwellbeingcentre.co.uk](http://www.naturalwellbeingcentre.co.uk)

**Gift Vouchers** are available for all treatments, as well as for set values, eg £20, £50.

### NATUROPATHY

- Standard Naturopathic Consultation with EAV Food Intolerance Testing **Initial Consultation** (up to 90 mins) **£140**
- Naturopath Follow up Appointment (up to 60 mins) **£95**
- Additional EAV Health Assessments **£28** each



### FOOT HEALTH

- Initial Consultation and treatment (up to 60 mins) **£40**
- Routine treatments (20 mins) **£36**

### MASSAGE

(A therapeutic combination of Swedish, sports, aromatherapy, Indian head techniques and over 26 years' experience)

- 90 minutes Full Body + Face, Hands, Feet and Scalp **£98**
- 60 minutes Full Body **£72**
- Back, Neck and Shoulders (30 mins) **£43**
- Extended Back, Neck and Shoulders (45 mins) **£58**
- Hand and Arm and Shoulders Massage (45 mins) **£58**
- Foot and Leg Massage (45 mins) **£58**
- 'Head in the Clouds Massage' Indian Head Massage (30 mins) **£43**



### HOT STONES MASSAGE

- 90 minutes Hot Stone Full Body + Face, Scalp, Hands and Feet (90 mins) **£110**
- 60 minutes Hot Stone Full Body Massage **£85**

### Other treatments

- Traditional Facial Treatment (45 mins) **£48**
- Men's Chest or back **£35**
- 'Spark' Group exercise sessions **£40 for 5 sessions (1 hour)**

#### Important note about changes/ cancellations / charges

Please note that all appointments are to be paid for at the point of booking, 48 hours' notice is requested for any changes or cancellations. Failure to provide this notice will, unfortunately, mean that your appointment fee will be forfeited.

To book an appointment, call or text **07880574466** or email [info@naturalwellbeingcentre.co.uk](mailto:info@naturalwellbeingcentre.co.uk)

Please give me a call if you are unsure about what to book, I will be happy to help you.

Tania Sellwood, ND

The Natural Wellbeing Centre of Romsey

